



April 2025

Hey Ulm School Family!

I remember as a kid growing up my Pops saying, "*Spring has sprung, the Grass has riz, I wonder where the birdies is?*" Spring has shown up slightly in Ulm, with a little bit of winter aftermath thrown in. Students are enjoying the bits of sunshine and warmer days, and are working hard with the guidance of our amazing staff. Please take the time to sit and visit with your kids and celebrate the year and all they have accomplished. It's hard to believe the end of the school year is just around the corner!

Attached is a flier from MFBN (Montana Food Bank Network). Please read and share.

**It's been a busy and exciting month!**

Touro University, EMS stopped out to teach our students about careers in the medical field, and students were treated to hands-on opportunities to learn about the human body, how to do CPR, the Heimlich maneuver, and so much more. It was an amazing event and opportunity, and students had a blast and learned a lot. Thank you Bluehawk Booster Club!

Thank you Deputy Livingston and Corey Hansen with the Sheriff's Department and Search and Rescue for spending their time with our kids and taking us through the "HUG-A-Tree and Survive" Program. It was such an informative assembly and our kids learned some invaluable survival tips. There is an attached flier for a recap of the Program for you and your child to review.

We had an opportunity to go skiing again this year all thanks to the Bluehawk Booster Club. What a great time the students had at Great Divide. Compliments from the staff at Great Divide about the quality of our students were very impressive, and I can't agree more. Thank you to all the chaperones who helped out. We wouldn't be able to take advantage of this opportunity without you.

CONGRATS!!!! Science Fair Winners  
Logan Laue 6th grade, Merit award

**In other news...**

One Favor: If/when you need to get a message to your child for things like riding the bus, ASP, dentist or doctor appointments, please call or message the office and we will get the message to your child. We would like to avoid parents messaging teachers for these issues as teachers do not watch their phones or emails during the day when they're with students. Please help us streamline communication and we all win. Thank you.



**March 2025**

**Bluehawk Recognition**

The Ulm School "Bluehawk Recognition" is a way to showcase student accomplishment and recognize those students with the exemplary character traits that demonstrate Ulm School Bluehawk pride. These attributes are taught and modeled at Ulm Schools and promote success in and out of the classroom.

- All work turned in on time
- Prepared for class
- Follow school rules
- Effort, work hard without redirection
- Kindness and Generosity
- Respectfulness
- Good Attitude
- On time 80% of the time and at school 85% of the time

**Early Kindergarten:** Josie'Lynn Gauer, Brody Hersey, Henry Muir

**Kindergarten:** Colter Austad, Myla Madison, Dally Murphy, Eveylnn Robinson, Mathias Spry, Arlington Taylor, Ruby Taylor

**1st Grade:** Paxton Basinger, Kyler Baum, Elaina Bogner, Anabelle Coburn, Havana Dellen, Abigail Gillis, Ben Laue, Brooke Madison, Adeline Taecker

**2nd Grade:** Alina Eagleman, Farrah Grissell, Chayse Seilstad, Shayley Young

**3rd Grade:** Brayden Keller, Riley Lodmell, Clara Smith

**4th Grade:** Calleigh Orr, Eliahs Bogner, Callen Lodmell

**5th Grade:** Blake Robinson, Brynley Carroll

**6th Grade:** Casey Berner, Corbin Riggins, Emma Jacobs, and Kallie Olson

**7th Grade:** Carmyn Rydalch, Lane McWilliams, Logan Hawn, and Luke Hawn

**Bluehawk Every Day Counts Recognition**

The Ulm School's "Everyday Counts Recognition" is a way to showcase student attendance for the month. There is a direct correlation between attendance and success. The following students have been here this month every day, all day, and on time.

**Early Kindergarten:** Henry Muir, Kaleigh Smith

**Kindergarten:** Colter Austad, Arizona Kennerson, Arlington Taylor, Ruby Taylor, Lennix Smith

**1st Grade:** Elaina Bogner, Annie Coburn, Ridge Martz, Kane Smith

**2nd Grade:** Alina Eagleman, Shayley Young

**3rd Grade:** Adriana Bogner, Asher Dougherty, Travis Koch, Riley Lodmell

**4th Grade:** Talmadge Adkins, Eliahs Bogner, Kit Calvert, Lawsen Dozier, Kira Dunn, Alikay Eagleman, Tedy Gaines, Callen Lodmell, Letty Minogue, Calleigh Orr

**5th Grade:** Connor Dunn, Dylan Keller, Blake Robinson


**Junior High:** Corbin Riggan, Carmyn Rydalch



**BLUEHAWK BOOSTER CLUB PRESENTS...**

**JOIN US FOR OUR**  
**APRIL BLUEHAWK BOOSTER CLUB MEETING**

MEETING DETAILS: APRIL 1ST AT 6PM  
 ULM SCHOOL GYMNASIUM




**APRIL BOOKSWAP**

IF YOUR STUDENT WOULD LIKE TO PARTICIPATE, PLEASE SEND THEM TO SCHOOL WITH A GENTLY USED BOOK AND 50 CENTS FOR A SNACK.

**THURSDAY, APRIL 3RD**

BOUGHT BY YOU BY THE ULM ALLEGIANTE BOOSTER CLUB



Ulm School Careers & Community Heroes

**ULM FIRE STATION**

Brought to you by the Ulm School Bluehawk Booster Club and the Ulm Fire Station

**APRIL 25TH**

Our students will get to explore the fire trucks, station and learn about being a fire fighter



Thank you to Ulm Fire and Fire Chief Corbin for this event!

**Supplemental Nutrition Assistance Program**



**Need help affording groceries? SNAP can help!**

**Maximum monthly benefit for a household of 4: \$975**  
**Minimum monthly benefit for a household of 1-2: \$23**



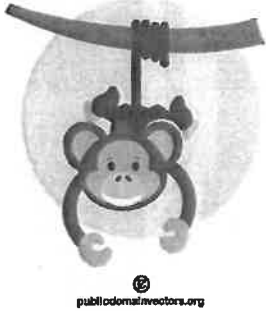
This Institution is an equal opportunity provider

Contact Montana Food Bank Network at 406-239-6475 for help filling out an application and understanding the application process.

# Book Blast

**BOOKS  
ARE  
FUN**

1. Your child will be bringing home a Treasure Map after Easter break. You will also receive information from the school with a link. Go to the link or scan the Treasure Map's QR code to visit your school's registration page.

A large graphic titled "Books FUN TREASURE MAP" with a jungle theme. It includes the following text:

**PARENTS - IMPORTANT - OUR BOOK BLAST HAS STARTED.**  
Complete the instructions below for tons of books & prizes!  
It takes just 7 minutes TONIGHT.

1. **Register at the Link or QR code**  
(Do it TONIGHT!)  
[www.booksarefun.com/YourSchool](http://www.booksarefun.com/YourSchool)
2. **Send 10 or More Invitations**  
Use the site to invite friends and family who want to support your student with books.
3. **Earn Prizes and Books Galore**  
Send 10 or more invitations & automatically earn prizes; PLUS you are entered into our drawings!

A QR code is shown with the text "Scan to Start" below it.

2. Follow the registration steps, including selecting your student's teacher.
3. Invite friends and family members to help your student build their personal libraries.

## What we love about this program:

- There's no cost to the school.
- Our students love it.
- It is super easy.
- Every student is guaranteed at least 1 new, age-appropriate book.

This year the theme is Jungle Treasure Hunt. The **Epic Grand Prize**: an Epic Treasure Chest, packed with amazing goodies like a tablet, inflatable glow chair, burrito blanket, headphones, and more!

## Why should I contribute to Book Blast?

All contributions help students buy books (up to 10). Any remaining contributions support other students to help less fortunate students get books too! Contributions help ensure all students in the school have books to read! Please support our young readers and their book blast!

Educators have long recognized the lack of books at home for many children. Book Blast bridges this gap, providing every student with access to a personal library to foster learning and growth. By offering a diverse range of appealing books, we aim to reignite excitement for reading with popular books and fun challenges.

## What happens to personal information provided in a Book Blast?

All personal information is kept secure and will never be shared or re-sold. Contributions are processed with advanced, industry-standard encryption. We take privacy and security very seriously.

Watch for more information to be coming out after Easter Break. Want to learn more about the Book Blast program, visit our website. <https://booksarefun.com/>





Inspired by the search for nine year old Jimmy Beveridge in 1981 in southern California, and initiated by the caring heart of Ab Taylor (left), the Hug-a-Tree and Survive program teaches children how to survive in the woods should they become lost.

The program was developed to educate children in a select few of the most basic and vital survival principles. It was specifically designed for children between the ages of 7 and 11 but can be effective with slightly younger and older children. The program consists of a trained presenter—usually a search and rescue volunteer, police officer, park ranger, or similar uniformed individual—following a tightly scripted presentation that has three primary parts: (1) an introduction (of the presenter and program), (2) a slide or video presentation, and (3) a few practical suggestions and demonstrations.

Many children are alive today because of their experience with the Hug-a-Tree and Survive program, which is dedicated to the memory of Jimmy Beveridge.



Insert presenter's contact information here before printing

This document is not intended to serve as a complete program on survival and is not meant to replace practical training by competent instructors. This document is intended only to be used as part of a complete Hug-a-Tree and Survive presentation provided by a competent presenter. NASAR and everyone affiliated with the production of this document take no responsibility for its use or any information contained herein and cannot be held liable, in any way, for statements made by presenters who use this document.



[www.nasar.org](http://www.nasar.org)

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# HUG-A-TREE and Survive

The Hug-A-Tree and Survive Program was first conceived in the mountains near San Diego, California, after a search for a nine-year-old boy that ended in his tragic death. Afterwards, a small group of those who searched for him developed a program that teaches children what to do should they get lost in a wilderness setting. This same group sincerely hopes that no child ever needs the information. But, if the contents of this program and handout are discussed with every child possible, it may help him or her to remember one or more facts that could make the search short and successful. Here is a summary of the program:

## Hug a tree

Once you think you are lost, hug a tree! One of the greatest fears a person can have is being alone. Hugging a tree or other stationary object and even talking to it can help calm you down and prevent panic. By staying in one place, you are also easier to find and won't be injured in a fall.

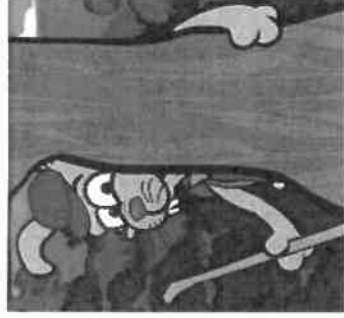
## Always carry a trash bag and whistle

Whenever you go hiking, you should always carry both a folded trash bag in your pocket and a whistle on a lanyard around your neck. By sitting down and pulling the trash bag over your entire body, after making a hole in the top front of it for your face (so you can breathe), you will stay dry and warm. The whistle can be heard from farther away than your voice, even when you are yelling very loudly, and it takes far less energy than yelling.

Revised: 26 Sept 2008

## Your family will not be angry with you

Sometimes children have avoided searchers because they were ashamed of getting lost, afraid of punishment, or both. Anyone can become lost, even adults; so, don't be ashamed. Just admit it, accept it and make yourself comfortable while you wait for rescuers to arrive. Your family will be so happy to see you again and to know that you are safe. So, there's no need to be frightened or worried about what your family will say. They will be proud of you for using your head—your best survival tool.



## Make yourself big

From a helicopter, people are hard to see when they are standing up, in a group of trees, or wearing dark clothing. Find your tree to hug near a small clearing (area of no trees), if possible. Wear brightly colored clothes when you go into the woods or the desert (red and orange are easy to see from far away). Lie down in your clearing when the helicopter flies over and wave your arms. If you are not too hot and you are rested, make a big X or an "SOS" using broken twigs, branches, rocks, by dragging your foot or a stick in the dirt, or by walking it out in the snow.



## Animals are afraid of humans

If you hear a noise at night, yell at it! If it is an animal, it will run away to protect itself. If it is a searcher, you will be found.

## You have hundreds of friends looking for you

If you stay in one place, finding you is much easier. This is one reason why hugging a tree is such a great idea: it keeps you in one place. Searchers will be yelling your name, but they are not angry. They are just worried about you and want to find you as quickly as possible. Don't be afraid to let them know where you are.

## FOR PARENTS

### Try to keep your child from getting lost

Children are easily distracted and will wander off a trail, so it is important to teach them early to stay ON the trail at all times.

Never let a child walk a trail alone. Teach your child to pick out a visible landmark such as a prominent hill, or note the direction of the sun, to stay oriented to direction.



### Footprint your child

It only takes a few minutes but it can cut down search time by several hours. Place a piece of aluminum foil on a soft folded towel, have the child step on it with both feet, and mark the foil with the child's name. With these prints, trackers can differentiate one child's track from others in the area and quickly determine the direction of travel.

### Call for help right away

If your child is lost, it is important to act quickly. Because the child is likely moving, the search area becomes larger and larger the longer you wait to bring in expert assistance. A delay in calling for help is also very dangerous when the weather is bad. It can wipe out the child's tracks and increase the danger of exposure. Don't worry about calling too early and having to cancel the request for assistance. Searchers won't mind the practice and it helps them stay alert.

### Be available for interviewing

Clues that lead to finding a lost child early usually come from family and friends who remain on the scene and talk openly and accurately with those managing the search. Keep in mind that any and all information provided can mean the difference between success and tragedy, and it will be kept confidential.







GREAT FALLS  
REC CENTER  
801 2ND AVE N

# TEEN & TWEEN NIGHT

**APRIL 25, 2025**  
**GRADES 5 - 12**

**5:45 PM - 10:30 PM**

**\$5.00 ENTRY**

**DROP OFF IS  
ALLOWED AFTER  
STUDENT  
REGISTRATION IS  
COMPLETE.**



**SCAN HERE  
TO REGISTER**



**MUSIC ★ GAMES ★ ARTS & CRAFTS**  
**COMPETITIONS ★ DANCING**  
**CONCESSIONS AVAILABLE FOR PURCHASE**

[WWW.FACEBOOK.COM/GFRECCENTER](http://WWW.FACEBOOK.COM/GFRECCENTER)

**406-771-9299**



GREAT FALLS  
REC CENTER  
801 2nd Ave N  
406-771-9299

# Once Upon A Time

## Daddy Daughter Dance\*

Join us at the Rec Center for music, dancing and fun!

Friday, April 11, 2025

5:30-8:00 pm

Concessions available for purchase

**\$5.00**  
**entry**  
**per person**

\*Any adult can substitute for dad



and emphasize the importance of reporting any concerning interactions. Building trust ensures that children feel comfortable seeking help.

## 2. Teach Digital Responsibility

- Help children understand how their online actions can have long-term consequences. Encourage them to:
- Avoid sharing personal information like school names or addresses.
- Use privacy settings to manage who sees their posts.
- Think critically before posting by asking, "Would I want a parent or teacher to see this?"

## 3. Promote Safe Online Habits

- Guide children in developing healthy behaviors:
- Never accept friend requests from strangers.
- Avoid meeting online acquaintances in person without parental approval.
- Be kind and respectful in all interactions.

## 4. Provide Supervision and Set Boundaries

- For younger children, supervision is key. Keep devices in common areas and use parental controls to limit access to inappropriate content. Encourage age-appropriate use of social media and set clear guidelines for screen time.

## 5. Share Real-World Examples

- Stories of cyberbullying, data breaches, or online exploitation can make risks more relatable. Leverage resources from personal experience or case studies and activities that illustrate the consequences of unsafe online behavior.

## Empowering Children for a Digital Future

Social media is here to stay, and its responsible use is a skill every child must learn. Employees and volunteers working with youth can take proactive steps by initiating open conversations, setting clear guidelines, and staying informed about evolving online risks to ensure children thrive in the digital world. By fostering open dialogue, teaching digital responsibility, and providing guidance, employees and volunteers working with youth can help mitigate risks and maximize benefits. Together, we can prepare the next generation to navigate the digital world safely and confidently.

**Information provided by The Team Platform**





Weekly Hot Topic

March 2025

Weekly Hot Topic

The Impact and Safety Concerns for Children on Social Media

Social media has become a central part of children’s lives, offering both opportunities and risks. For employees and volunteers working with children, understanding this balance is particularly critical to effectively support and guide them in navigating the digital world. While platforms allow youth to connect, learn, and express themselves, they also expose them to dangers like cyberbullying, online predators, and oversharing. For employees and volunteers working with children, understanding these dynamics is essential to fostering a safer digital environment.

**Why Social Media Appeals to Children**

Children are drawn to social media for its interactive features, connection with peers, and entertainment value. These platforms offer spaces to build relationships, explore hobbies, and gain a sense of belonging. However, the very tools that make social media appealing can also make it risky if not used responsibly.

**Key Risks on Social Media**

- The challenges of social media can significantly impact a child’s well-being and safety. Common risks include:
- *Inappropriate Content:* Exposure to harmful or explicit material can shape behaviors and perceptions.
- *Cyberbullying:* Online harassment can lead to emotional distress, anxiety, and even long-term mental health challenges.
- *Online Predators:* Predators often use social media to pose as peers, gaining trust to extract personal information.
- *Oversharing and Digital Footprints:* Many children share private details without understanding the permanence and consequences of their actions.

**Strategies for Supporting Youth Online**

Adults who work with children can play a pivotal role in promoting safe online practices by tailoring strategies to their specific roles, such as creating age-appropriate guidelines, modeling responsible behavior, and staying updated on digital trends to provide informed guidance. Here are practical steps to help:

**1. Foster Open Communication**

- Encourage children to talk about their social media use and online experiences. Show that you understand the technology



**Marsh McLennan Agency Contacts**

MSPLIP.com

- Rody Holman | (406) 533-1035
- Brandy Garber | (406) 457-4545
- Brodie Loushin | (406) 533-1038
- Kevin Smith | (406) 457-4547